



ENGAGE PROGRAM

A program to encourage community engagement, relationship building and to build on experiences and learn new life skills.

28th October 2024– 28th February 2024

Please contact Team Leader Kellie James for all enquires 0417470426 or 8536 5888

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Connect More. Do More. Achieve More.

With a strong focus on fun, participation and adventure you will be provided with a wealth of active learning opportunities to develop life skills, further your education, increase your confidence and independence and prepare for future employment.

18 Week program Overview

We aim to be a trusted partner for you, working with you to achieve your goals and help you live the life you want to live.

Together, we will develop services that are personalised to you, that meet your individual needs, are flexible and suits your lifestyle

Public Holidays

27th January

Public Holiday

Programs will not run on Public Holidays.

PROGRAM OVERVIEW

ACTIVITIES OVER THE NEXT 18 WEEKS

All drop off and pickups are from the Mt Gambier office **CLA Office, Shop D/3 Compton St**

If clients are going to be late or picked up early, the venue is written at the bottom of each activity

	Morning	Afternoon
MONDAY		
Weekly	Art and Craft	Drama and Music Bingo
	Dancing	
TUESDAY		
Weekly	Disc Golf	Diamond Art
	BBQ Lunch	Recycled Runway
WEDNESDAY		
Weekly	Drawing/painting	Baking
	Swimming	Board Games
THURSDAY		
Weekly	Sports at Wulanda	Money matters,
	Shopping/cooking	Games and Meditation
FRIDAY		
Weekly	Tennis/Pickleball	Lawn Bowls
	Out for Lunch	

SPECIAL EVENTS

KEY DATES THE NEXT 18 WEEKS

Date	Information
23 rd Dec 2024 – 3 rd Jan 2025	Christmas Break – No Program
November 4 th Monday	Crazy Sock Day
November – Thursday TBC	Movie Day - \$14 concession \$16.50 Ticket, extra if they want to buy snacks
December 17 th Tuesday	Donavan's – fishing trip BBQ lunch
December 19 th Thursday	Christmas themed dress up
January 28 th Tuesday	Millicent Museum and Swimming Lake – \$8.00 Entry BBQ Lunch
February 26 th Tuesday	Recycled runway parade
February 27 th Thursday	Indoor Movie and Pajama Day - come dressed in your favorite PJ's/ Oddie

MONDAY

Morning option

Morning

Art/Craft and Dance

Time: 9am – 12pm

CLA Office, Shop D/3 Compton St

Create and make each week!

- Learn new craft, build on hand eye coordination and explore your imagination
- 45-minute dance lesson with a qualified dance teacher – Tennille Grubb!

You need: Comfortable clothing, shoes and a packed Morning tea and Lunch

Venue: Italo Soccer club



MONDAY

Afternoon option

Afternoon

Drama and Music Bingo

12.00pm–3pm

Drama – Build your confidence in front of your friends with our current group play and drama games

Music Bingo – It's just like regular bingo, but instead of calling numbers, we play songs

You need: Packed afternoon Tea



TUESDAY

Morning option

Morning

Disc golf and BBQ Lunch

Time: 9am – 12pm

Drop off CLA Office, Shop D/3 Compton St

Disc golf – with the spring and summer season approaching, it's a great time to get out and about down at the valley lakes to learn and play disc golf. Followed by a BBQ lunch with friends

You need: Active wear or comfortable clothes, supportive shoes, water bottle, Packed morning tea

Venue: Showground committee room



TUESDAY

Afternoon option

Afternoon

Diamond Art and Recycled Runway

Time: 1200pm – 3pm

New!

Recycled Runway – Get creative, you will design and make your outfit from recycled items you find. At the end of the program, you will show off your creation on a runway in front of friends and family

You need: Packed Afternoon Tea

Pick Up: CLA Office, Shop D/3 Compton St

Venue: Showground committee room



WEDNESDAY

Morning option

Morning

Drawing/painting & Swimming

Time: 0900-1200pm

Learn to draw or build on your skills, from still life to nature. Experience using different materials from Charcoal, pencil and pastels.

Join your friends at Wulanda for some recreational swimming

You need: Packed morning tea and Lunch

Pick up: CLA Office, Shop D/3 Compton St

Venue: Showgrounds committee room



WEDNESDAY

Afternoon option

Afternoon

Baking and Board Games

Time: 9am – 12pm

Drop off CLA Office, Shop D/3 Compton St

- Pick a recipe, make a shopping list, go shopping and make something Yummy to share for afternoon tea.
- Have fun and play board games with friends, play something new or pick your favorite
- You can design and create your own board game to play.

Cost for swimming \$6.60 with concession

You need: Swimming gear, money for swimming

Venue: Showground committee room



THURSDAY

Morning option

Morning

Sports at Wulanda

9am–12pm

Drop off at CLA Office, Shop D/3 Compton St

Basketball, Tennis, Badminton, Netball, Soccer each week for 1 hour in our new Wulanda recreation centre! Full accessibility and robust floor that are appropriate for mobility equipment

You Need: Active wear or comfortable clothing, supportive shoes, water bottle, packed Morning tea



THURSDAY

Afternoon option

Afternoon

Money Matters, Games and Meditation

Time: 12pm – 3pm

Pick up : CLA Office, Shop D/3 Compton St

Select a recipe, shop for the ingredients, and cook a delicious meal to have with friends

Venue: St Paul's Hall



Morning

Tennis/Pickle Ball and Ball Games

9am–12pm

Drop off CLA Office, Shop D/3 Compton St

Play a friendly game of Tennis or Pickle ball, learn new skills, increase hand eye coordination and strength.

You Need: Cash/card if you wish to purchase a drink



FRIDAY

Afternoon option

Afternoon

Out for Lunch / RSL Lawn Bowls

Time: 12pm – 3pm

Cost: \$10 cash to be brought on the day for Lawn Bowls
\$30 Minimum to be bought on the day for Lunch

Enjoy Lunch while socializing with friends at a different Venue chosen by clients each week

Pick up: CLA Office, Shop D/3 Compton St

You need: Cash/bank card



Together we
achieve

